

**CENTRAL JERSEY DANCE AND GYM 2011-12 SCHEDULE** updated 11/1

If you miss your class, please choose any other day your class is offered and use this schedule to make up your missed class at your earliest convenience

**PRESCHOOL AND KINDER PROGRAMS CO-ED**

Program	Toddler Time	Preschool Combo	KinderDance	KinderGym
Monday	9:00 AM	9:45 AM		4:00 PM
Tuesday	10:45 AM	10:00 AM		11:30 AM
Wednesday	1:00 PM	1:45 PM	3:15 PM	4:30 PM
Thursday		12:45 PM		1:30 PM
Friday				
Saturday	8:30 AM	8:30 & 9:15 AM	10:00 AM	9:15 AM (2 CLASSES)

**GYMNASTICS CLASS PROGRAMS Bars/Beam/Floor/Vault CO-ED**

Program	Primary Gym	Adv. Primary Gym	Adv.Primary Gym 2	Novice Gym	Adv.Novice Gym	Intermediate Gym	Advanced Gym	Adv. Plus
Monday	4:45 PM	4:30 & 5:30 PM	5:00 PM	5:45 PM	6:45 PM	5:30 PM	6:30 PM	6:30 PM
Tuesday	4:00 PM	4:00 PM	5:00 PM	5:00 PM	6:00 PM	4:00 PM	6:30 PM	
Wednesday	4:00 PM			6:00 PM	6:00 PM	7:00 PM	7:00 PM	6:30 PM
Thursday	4:00 PM	4:00 PM	5:00 PM	6:00 PM	6:00 PM	7:00 PM		
Friday								
Saturday	9:00 AM			10:00 AM	10:00 PM	12:00 PM		

**TUMBLING CLASS PROGRAMS Co-ed - Cheer gym-Tumbling & TumbTrak**

Program	Novice Tumbling	Intermediate Tumbling	Advanced Tumbling
Monday		5:30 PM	4:30 & 5:30 PM
Tuesday	4:00 PM		5:30 PM
Wednesday		5:00 PM	5:30 PM
Thursday	5:00 PM	5:00 & 7:00 PM	
Friday			
Saturday		11:00 PM	

OPEN GYM SATURDAY 1:30-2:30 NO ADDITIONAL CHARGE ALL LEVELS PRIMARY THRU ADVANCED No make ups

For dance, team and company classes, you may make up in the level above or below your class level. Speak with your teacher for her recommendation on the best make up for your child

DANCE	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Ballet-Tap 1			6:15-7:15 PM			10:45 -11:45AM
Ballet-Tap 2			4:30-5:30 PM			
Ballet-Tap 3				5:15-6:15 PM		
Ballet-Tap 4			7:15-8:15 PM			
Jazz 1					5:30-6:15 PM	
Jazz 2			5:30-6:15 PM		5:30-6:15 PM	
Jazz 3				6:15-7:00 PM		
Jazz 4		7:00-7:45 PM				
Hip Hop 1	4:30-5:00 PM		4:00-4:30 PM		5:00-5:30 PM	11:45A- 12:15 PM
Hip Hop 2	5:00-5:30 PM		4:00-4:30 PM		6:15-6:45 PM	
Hip Hop 3				7:00-7:30 PM		
Hip Hop 4		6:30-7:00 PM				
Boys Hip Hop	4:00-4:30 PM					
Musical Theatre		7:00-7:45 PM				
Adult CardioD		7:45-8:45 \$50/10 classes				

**ALL TEAMS AND COMPANY SCHEDULE**  
**SPRINGERS GIRLS GYMNASTICS TEAM (USAIGC)**

**DANCE TEAM**

SuperStars 1	Thurs. 5:00-6:30
SuperStars 2	Fri. 5:00-7:00
These are suggested guidelines, but if you have a conflict, you have your choice of days and times for your convenience	
Bronze & Bronze Prep	Tuesday 5:30-7:30
Bronze & Bronze Prep	Wednesday 5:30-7:30
Silver & Silver Prep	Wednesday 5:30-8:30
Silver & Silver Prep	Thursday 6:30-8:30
All Levels	Saturday 11:00-1:00
Springers Open Gym	Fri. 5:00-7:00 pm

**C.J. DANCE COMPANY**

LITTLE PEARLS	HH2 Wed. 4:00-4:30	B/T Wed 4:30-5:30	Jazz 2 Wed 5:30-6:15				
JADE	BWS1 Mon. 4:15-5:15	HH Mon. 5:30-6:15	B/T Tues. 4:00-5:30	Jazz Tues. 5:30-6:30			
TOPAZ	BW2 Mon. 5:15-6:15	Jazz Mon. 6:15-7:15	HH Tues. 4:15-5:00	Lyric Tues. 5:00-5:30	B/T Tues. 5:30-7:00		
STAR SAPPHIRE	BW2 Mon. 5:15-6:15	Pointe Mon. 6:15-6:45	HH Mon. 6:45-7:30	Ballet Wed. 5:30-6:30	Contemp. 6:30-7:00	Jazz 7:00-8:00	Tap 8:00-9:00

**JERSEY GIRLS ALL STARS** no make-ups

JUNIOR HIP HOP	Mon. 7:15-7:45
JUNIOR JAZZ	Mon 7:45-8:30
SENIOR JAZZ	Mon. 7:30-8:30
SENIOR HIP HOP	Mon. 8:30-9:00